

Your 3 Hidden Senses

Proprioception



Vestibular



Interoception

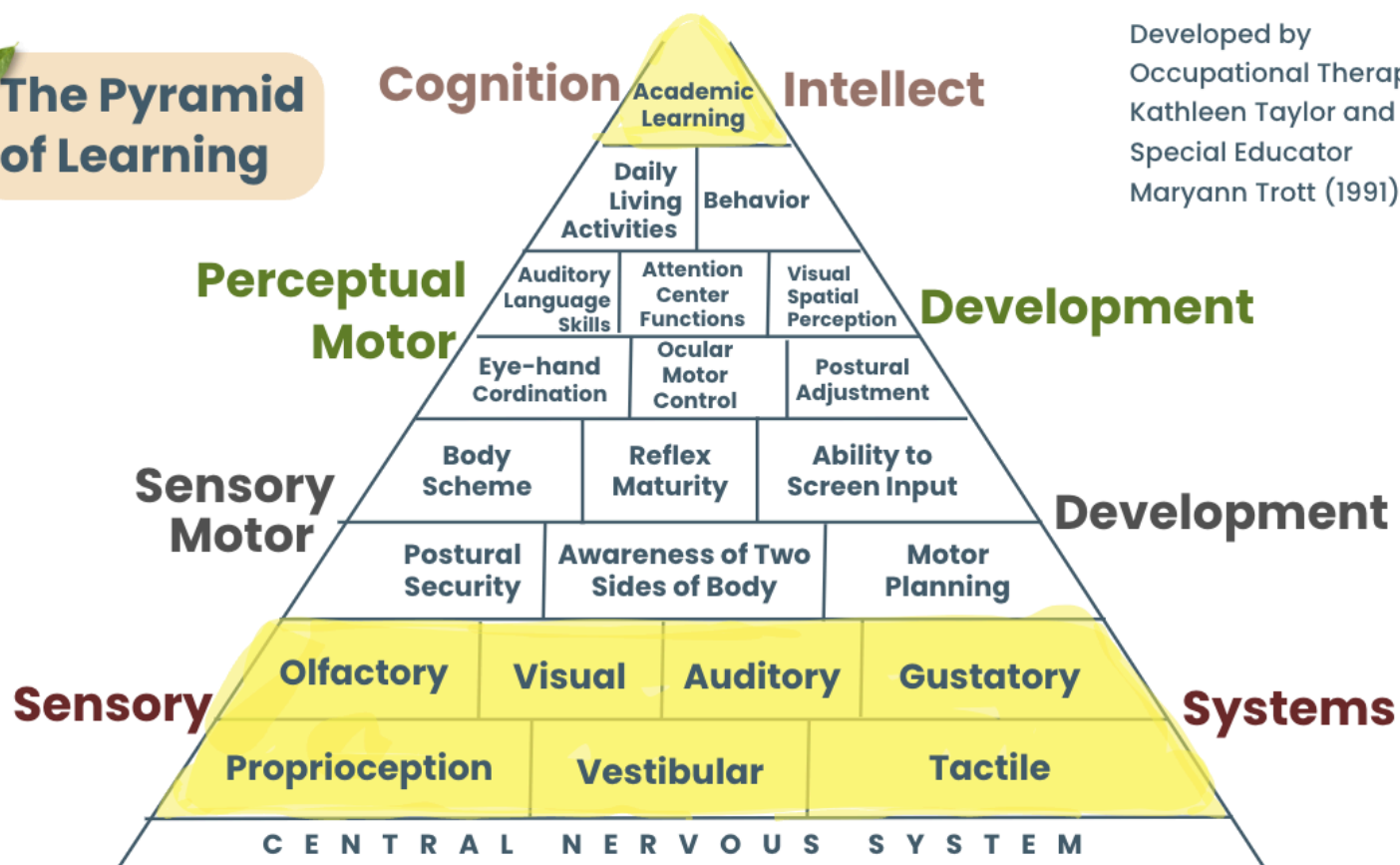


Sensory Integration: Brain's ability to process sensory input from the body and environment and produce appropriate responses

The Pyramid of Learning

Cognition Intellect

Developed by Occupational Therapist Kathleen Taylor and Special Educator Maryann Trott (1991)



**“Until a child reaches the age of 7,
the brain is primarily a sensory
processing machine.**

**This period of life is called the years
of sensorimotor development.**

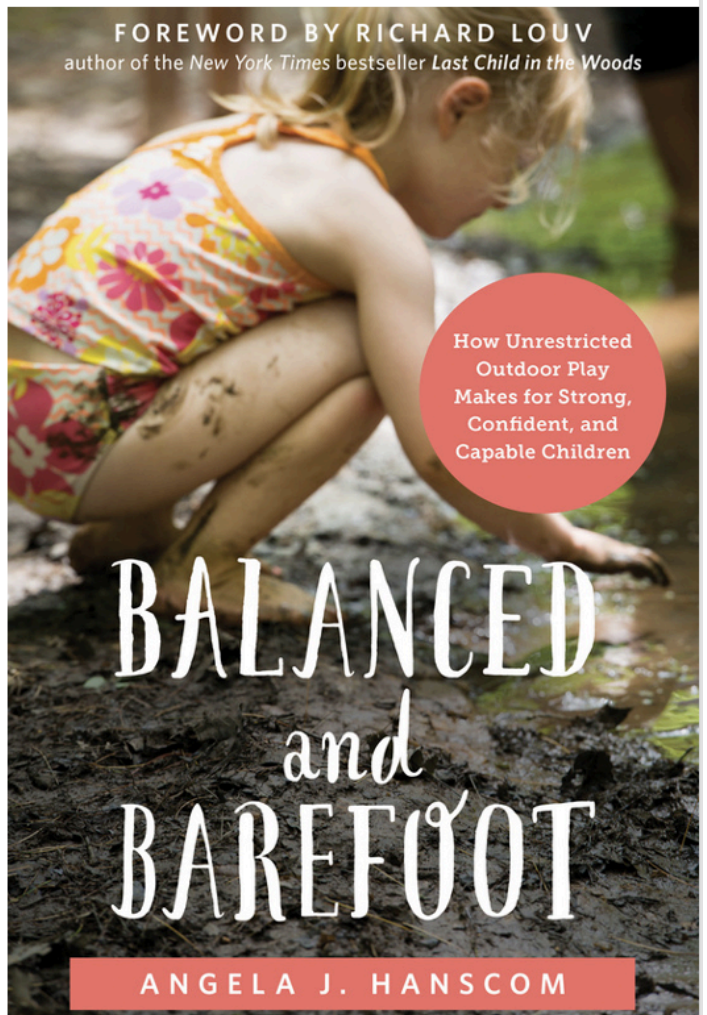
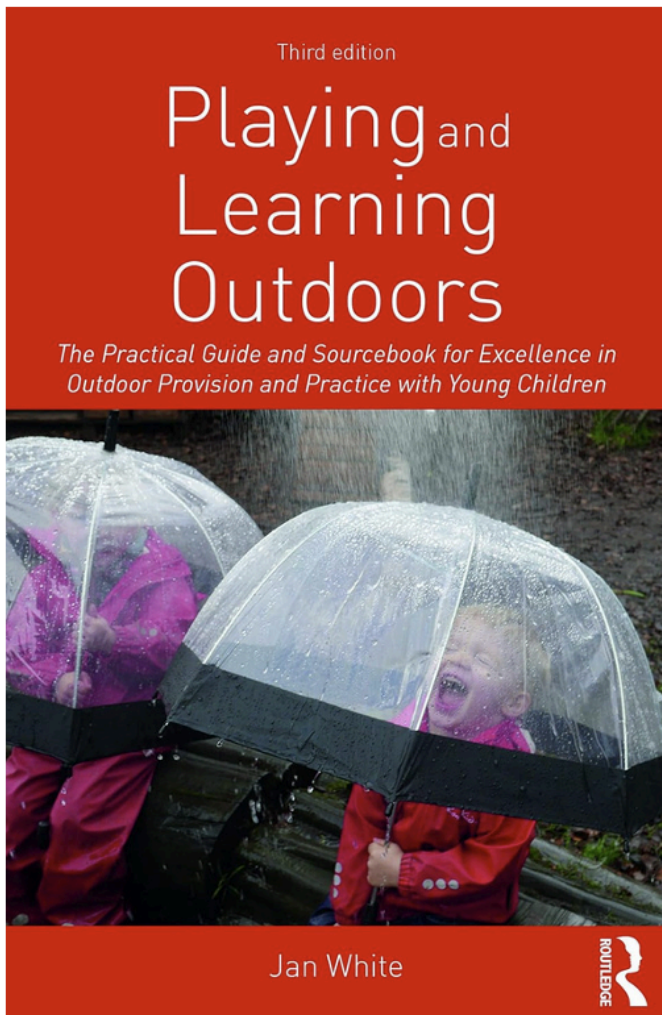
**If the sensorimotor processes are
well organized in the first 7 years of
life, the child will have an easier time
learning mental and social skills
later on.” – *Jean Ayres, OT, Ph.D***



Sensory-Rich Playground Ideas

- **Loose Parts**
- **Tool Use**
- **Sand Box Play**
- **Stumpery / Natural Playground**
- **Construction Play**
- **Water Play**
- **Box Play**
- **Mud Kitchen Play**





References

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